

A.SPA

The A.SPA

Welcome to the A-Spa, an elegant and intimate sanctuary for the senses, created to restore balance to your body, mind and spirit. Step into a space where tranquility pervades and experience The A-Spa, a true refuge to encounter your own peace. Dedicated to the ultimate in rejuvenation and wellbeing, The A-Spa is delighted to announce a very special partnership with Ligne St-Barth, well known for its quality and efficiency. The Caribbean brand uses only natural ingredients, which exclusively derive from plant sources, and are selected for their beneficial properties in order to meet the needs of all skin types. Pamper yourself with the famous fragrances of the Caribbean, and let your senses be stimulated through perfumes of tiare flower, fine lily or the essence of pure Bourbon vanilla. Be ready to experience an unforgettable and unique moment of purity and serenity

Our Rituals

To enjoy a truly wellbeing spa experience, our therapists are glad to propose you different rituals with a combination of body and facial treatments.

A - Spa Signature Ritual

1st day: 1, 45' hrs.

This revitalizing treatment starts with the **St Barth Softness**, a relaxing peeling massage for velvety soft and smooth skin. Ideal as preparation for a long-lasting and even tan.

This is followed by the **St Barth Freshness**. You will enjoy the effect of the high-quality skin care products with natural vitamins and minerals, enhanced by freshly prepared fruits. Your skin takes on a visibly clear, smooth and fresh appearance.

2nd day: 2 hrs.

Let's continue the experience with the **St Barth Sensation**. A smooth textured combination of precious oils and body lotions of your choice will create a creamy, silky mask which is gently applied to your entire body to supply your skin with intensive nutrients.

The absorption of the mask is intensified by a wonderfully fragrant **St Barth Harmony** relaxing massage as a finish to provide a feeling of wellbeing and absolute serenity. Let yourself be pampered with a touch of the Caribbean.

A - Spa Symphony Ritual

As an introduction to your A. SPA experience, take a warm wave of relaxation, cave swimming and steam bathing.

A gentle body exfoliation starts the purification process. Uncover your skin's youthfulness with a **St Barth Softness** full body peeling massage using Fine Caribbean sea sand, St Barth Coconut oil and fresh papaya muse.

After the body exfoliation, let your therapist transport you straight to bliss with a deeply relaxing **St Barth Harmony** massage. A classic way for balancing your body with a choice of St Barth avocado oil, St Barth pure coconut oil or St Barth relaxing oil with camphor and menthol, according to skin type and personal preference.

The ritual concludes with a **Pureness** facial treatment that combines the soothing benefits of massage and the healing properties of a cream face mask.

A - Spa Journey

This wonderful harmonizing treatment gently sloughs off dead cells from the skin's surface allowing nutrients to penetrate deep into its layers, leaving skin soft, firm, supple, and silky to the touch.

Start with a **Body Exfoliation** with a wonderful combination of Fine Caribbean sea sand, St. Barth Coconut oil and fresh papaya muse to make the skin smooth and velvety while relaxing body and mind.

Then, a luxurious **Body Wrap** follows with a smooth textured combination of precious oils and body lotions of your choice. A creamy, silky mask is gently applied to your entire body to supply your skin with intensive nutrients.

The absorption of the mask is intensified by a wonderfully fragrant **Relaxing Massage** as a finish to provide a feeling of wellbeing and absolute serenity.

The Messages

Volcanic Gem Massage improves muscular chronic problems and goes beyond the physical experience of a typical massage through the special vibration energies of the Gemstones.

St Barth Chill Out is a unique and intensely relaxing body massage using a particular type of clam shells with self-heating properties and cold-pressed avocado oil gently releases tension, soothes stress, stimulates tissue metabolism and lymph flow, enhances circulation and thoroughly moisturizes and nourishes the skin with precious minerals and vitamins. Feel tension melt away!

St Barth Harmony Massage is a relaxing, holistic full body massage with intensive caring products specially tailored to your needs. Choose pure, slightly warmed coconut oil for intensive conditioning of dry skin, cold-pressed avocado oil to support the functioning of delicate skin or ivy gel and menthol oil for strengthening tissue and skin layers. The treatment is completed with a selection of your favorite body lotion.

Deep Tissue Massage is a powerfully penetrating massage using proven therapeutic techniques to loosen and release even the deepest layers of the muscular system, relieve muscular tension and drain toxins.

Back Head Massage uses specific finger pressure to liberate & effectively releases all body tension.

St Barth Slimness is a smoothing and relaxing leg massage that improves and relieves lymphatic drainage and stimulates blood flow. For fast relief and relaxation of heavy swollen legs, after extended periods of sitting, standing or following a long flight, or simply for beautiful, slim legs.

Skin Care for Face and Body

Face Treatments

St Barth Pureness Luxuriate in an exceptional intensively relaxing and smoothing treatment. Enjoy this tranquil pampering moments that will reach a state of deep relaxation. The high-quality, botanical based care products with natural vitamins and minerals have an intensive cleansing effect and stimulate the skin's natural activity. Your skin takes on a clear, smooth and fresh appearance. The gentle treatment is completed with a nourishing hand massage.

St Barth Freshness Luxuriate in an exceptional intensively relaxing and refreshing treatment of face, nape of the neck, décolleté and hands. The effect of the high-quality skin care products with natural vitamins and minerals is enhanced by freshly prepared fruits. Your skin takes on a visibly clear, smooth and fresh appearance.

Body Treatments

St Barth Sensation This is an intensive moisturizing body pack, which enhances the appearance and elasticity of the skin by supplying it with a high level of lipids. Select your favorite scent: bourbon vanilla, delicate tiare flowers or exotic lily. A creamy, silky mask is gently applied to your entire body to supply your skin with intensive nutrients. The absorption of the mask is intensified by a wonderfully fragrant relaxing massage as a finish. Your entire skin takes a visibly improved appearance and velvety smooth texture

St Barth Softness Relaxing peeling massage for velvety soft and smooth skin. The fruit enzymes of fresh papaya and a special sea-sand polish complex, enriched with minerals, remove dead skin cells; pure coconut oil moisturizes the skin and pampers it with valuable nutrients. Ideal as preparation for a long-lasting and even tan.

St Barth Sun Touch After gentle and relaxing whole body exfoliation special products will be massaged into your skin in order to intensify the tanning ability of your skin. A perfect preparation for a wonderful, long-lasting tan.

St Barth Sun Downer Body mask with clay & melon mousse. The pampering body mask provides the skin with an intensive moisture boost, cooling and relaxing after a long sun bath

PRICE LIST

RITUALS

A-SPA Signature	(3h 45')	350€
A-SPA Symphony	(2h 30')	230€
A-SPA Journey	(2h)	190€

MASSAGES

Chill out	(1h 30')	190€
Harmony	(50' / 80')	130'€/ 170'€
Deep Tissue	(50' / 80')	145€ / 185€
Back Head	(30' / 60')	70€ / 140€
Slimness	(30')	70€

FACE CARE

Pureness	(50')	100€
Freshness	(1h 5')	120€

BODY CARE

Sensation	(1h)	110€
Softness	(40')	80€
Sun Touch	(1h)	110€
Sundowner	(45')	90€

All prices are in Euros, per person and inclusive of all taxes

Terms & Conditions

OPENING HOURS

11:00 – 19:00

ARRIVAL

We encourage you to arrive 10 minutes prior to your appointment. This allows us to welcome you and begin with a private therapist consultation in order to determine each individual's personal and current state of wellbeing.

TREATMENTS

For your comfort, we are pleased to provide you robes, towels and slippers. Underwear must be worn during treatment, or your therapist can provide you with disposable underwear.

PREGNANCY

Please let your therapist guide you in selecting suitable treatments. Pregnant clients must be 14 weeks pregnant before they can have treatments.

SPA PRODUCTS

To continue your spa regimen at home, all Ligne St Barth products used in the treatments are available in our SPA Retail corner.

CANCELLATION POLICY: Please note that no shows or cancellations with less than 4 operating hours are fully charged.

All prices are in Euros, per person and inclusive of all taxes.